

# PERSONALITY THEORIES

PY-505

## COURSE DESIGN, PREPARATION AND REVIEW TEAM

---

Prof. T.K. Jain  
Director,  
CDOE SGVU Jaipur

Dr. Ankur Jain,  
Director,  
CIQA, SGVU Jaipur

Prof. P.K. Sharama  
Rtd. Professor  
VMOU Kota

Dr. Roma Singh,  
Assistant Professor,  
CDOE, SGVU)

Dr. Ajay Vardhan  
Regional Director  
IGNOU Aligarh(UP)

Dr. Kriti Shrivastav  
Assistant Professor  
CIQA SGVU Jaipur

Dr. Kuldeep,  
Assistant Professor,  
CDOE, SGVU

Dr. Kuldeep,  
Assistant Professor,  
CDOE, SGVU

Dr. Ranjan Upadhyaya,  
Professor, Department of Management  
Studies, Vivekananda Global  
University, Jaipur

Dr. Shruti Tiwari,\*  
Assistant Professor,  
School of Education, SGVU

Dr. Vijay Sharma, HOD, Centre for Rural  
Empowerment and Development,  
Government Engineering College, Bikaner

Dr. Kalpana Randhawa,  
Associate Professor,  
CDOE, SGVU

Dr. Vishal Goar  
Dean Research  
Bikaner Technical University, Bikaner

Dr. Lata Suresh,  
Director, Indian Institute of Corporate  
Affairs, (Ministry of Corporate Affairs)  
Gurugram

---

### Program Coordinator

Dr. Jyoti Gaur,\*  
Professor,  
CDOE, SGVU

### Course Coordinator and editor

Dr. Kalpana Randhawa,  
Associate Professor,  
CDOE, SGVU

---

**Acknowledgement** : The persons marked with (\*) are the authors

---

### PRINT PRODUCTION

Mahendra Sharma  
Assistant Registrar  
SGVU Jaipur

---

Published in: November, 2024

---

#### ISBN (Awaited)

©SGVU. All rights reserved. No part of this work may be reproduced in any form, by mimeograph or any other means, without permission in writing from the SGVU.

---

Published by:

S. B. Prakashan Pvt. Ltd.

WZ-6, Lajwanti Garden, New Delhi: 110046 Tel.: (011) 28520627 | Ph.: 9625993408

Email: [info@sbprakashan.com](mailto:info@sbprakashan.com) | Web: [www.sbprakashan.com](http://www.sbprakashan.com)

---

<b>BLOCK 1</b> <b>FOUNDATIONS OF PERSONALITY</b>	1
<hr/>	
<b>BLOCK 2</b> <b>EXPLORING PERSONALITY THEORIES: JUNG, ADLER, AND HUMAN NATURE</b>	71
<hr/>	
<b>BLOCK 3</b> <b>EGO PSYCHOLOGY AND PERSONALITY DEVELOPMENT</b>	152
<hr/>	
<b>BLOCK 4</b> <b>HUMAN MOTIVATION AND PERSONALITY: MASLOW</b>	220
<hr/>	
<b>BLOCK 5</b> <b>PERSONALITY ASSESSMENT: BIG FIVE</b>	298

## Learning Map

### Course Credit- 4

Content	Course Credit	Page No
<b>BLOCK 1 Foundations of Personality</b>	<b>0.8</b>	<b>1</b>
Unit 1: Introduction to Personality		2
Unit 2: Psychoanalysis-Basic Nature of human beings		27
Unit 3: Structure Of Personality - Development Of Personality		55
<b>BLOCK 2 Exploring Personality Theories: Jung, Adler, and Human Nature</b>	<b>0.8</b>	<b>70</b>
Unit 4: Carl Gustav Jung-Analytical Psychology		71
Unit 5: Further Applications Alfred Adler- Individual Psychology		102
Unit 6: Basic Nature Of Human Beings		129
<b>BLOCK 3 Ego Psychology and Personality Development</b>	<b>0.8</b>	<b>148</b>
Unit 7: Eric Erickson - Ego Psychology		149
Unit 8: Development Of Personality		167
Unit 9: Basic Nature Of Human Beings - Structure Of Personality		197
<b>BLOCK 4 Human Motivation and Personality: Maslow</b>	<b>0.8</b>	<b>213</b>
Unit 10: Abraham Maslow - Self-Actualization Theory		214
Unit 11: Development Of Personality		242
Unit 12: Social Cognitive Theory		264
<b>BLOCK 5 Personality Assessment: Big Five</b>	<b>0.8</b>	<b>288</b>
Unit 13: Personality Tests - Big Five Personality Test		289
Unit 14: Type Personality Test - Projective Tests Rorschach Personality Test		314
Unit 15: Picture Arrangement Test And Rosenzweig Frustration Test		335